

MEDIA FACT SHEET - JULIE HARRIS

Former Canadian military officer buys English village pub, survives years of chaos, and turns the experience into a memoir that has attracted more than one million social media views.

Book

Title:

*Lies, Theft and Sh*t on the Ceiling: a Canadian's journey to pub ownership in England*

Publication Date:

21 June 2026

Genre:

Memoir / Food Writing / Humour / Hospitality

Format:

Hardback/Paperback/e-Book

Length:

52 chapters

Features:

More than 50 recipes

More than 100 original illustrations

About the Author

Julie Harris is a Canadian-born author, food writer, chef, former Canadian Armed Forces officer and former pub landlady living in West Sussex, England.

Originally from Kanata, Ontario, Julie moved to England and eventually became landlady of the Royal Oak Inn in Handcross, where years of kitchen disasters, eccentric regulars, runaway chefs and village characters inspired her debut memoir.

The Story

What happens when a Canadian buys an English village pub?

The answer includes runaway chefs, karaoke-fuelled chaos, impossible customers, theft, friendship, village life, a possessed glass washer that appeared to scream "Die! Die! Die!" after midnight, and an Old English Sheepdog called Juno who became one of the pub's most recognisable regulars.

Inside the Book

Featured stories include:

- The Night I Accidentally Bought a Pub
 - Ron the Thong
 - The Possessed Glass Washer
 - Emilie vs Juno
 - Kitchen Disasters and Chef Chaos
 - Village Pub Life Through Canadian Eyes
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Social Media Reach

Facebook: 685,000+ views in the last 90 days

TikTok: 326,000+ views since May 2026

Combined Reach: More than 1 million views

Website: www.julieharris.co.uk

Facebook: <https://www.facebook.com/gravystainsandtalltales>

Tiktok: @gravy.stains.tall

Available For

- Radio Interviews
 - Podcasts
 - Television Features
 - Newspaper Interviews
 - Book Festivals
 - Hospitality Industry Events
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Media enquiries and interview requests welcome.